

## **Note #2**

### **Macon County Mental Health Board One and Three Year Plan**

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#### **One Year Plan**

The Macon County Mental Health Board's (MCMHB) one year plan can best be defined by the FY25 budget approved by the Board. The MCMHB has contracts with approximately 25 agencies who receive funding from the Board to help provide services that are either unmet (or would be if not for the funding provided) or under-met in Macon County. The Board's triennial unmet needs identification process helps to identify the unmet needs in Macon County which serves as the basis for supporting or justifying the funding authorized and delineated in the budget approved by the MCMHB each fiscal year. Additionally, the MCMHB reviews the data and performance of the contracts issued to the organizations who receive Board funding. This information is collected from provider agencies via both submissions into our online vouchering system as well as from the Request for Information (RFI) that the Board requires these provider organizations to submit annually.

The MCMHB also keeps a continuous awareness for any existing or developing behavioral health system crises as well as for any such crisis that may unexpectedly present during the fiscal year. Such funding, if the amount exceeds \$6,000, must be approved by the MCMHB Board of Directors as well as whether the requested funding is available. These funding requests, if approved, will be considered a one-time occurrence with any continuation of funding being based on both the assessment/determination that the issue continues to require funding and the availability of funding to help meet this unmet need.

In short, the annual budget authorized by the Macon County Mental Health Board is the One Year Plan for Fiscal Year 2025

#### **Three Year Plan**

The three-year plan for the Macon County Mental Health Board (MCMHB) represents both the current one-year plan and the prioritized unmet needs identified by the Board's triennial unmet needs process (the next process will be in March 2025). The identified unmet, and/or under-met needs serve as the basis for considering any funding requests during the three-year plan time period and the availability of funds to support them.

The following information depicts the top unmet/under-met needs identified by the MCMHB unmet needs identification process. There are three disability groups: Developmental Disabilities; Mental Health/Mental Illness; and Substance Use. Each disability group is further subdivided by age.

## **Unmet Needs in Macon County**

### Developmental Disabilities Age 0-3

1. Therapy Services
2. Service Providers
3. Daycare for Children with Developmental Disabilities/Behavior Disorders
4. Child Care for Children with Special Needs
5. Specialized Services for Children with Behavioral Needs

### Developmental Disabilities Age 4-13

1. Autism Services and Support
2. Childcare for Children with Special Needs
3. Supportive Therapies
4. Vocational Services that Prepare Youth for Community Participation
5. Availability of Pre-Kindergarten/Daycare Services

### Developmental Disabilities Age 14-21

1. Vocational Services/Day Program Alternatives
2. Vocational Services that Prepare Youth for Community Participation
3. Childcare for Children with Special Needs
4. Transitional Services
5. Autism Services and Support

#### Developmental Disabilities Age 22-54

1. Psychiatric Services
2. Respite Care
3. Family/Caregiver/Client Engagement and Support
4. Vocational Services/Day Mode Alternatives
5. Funding in Health Care at All Levels

#### Developmental Disabilities Age 55+

1. Psychiatric/Mental Health Services
2. Residential Options
3. Transportation
4. Assistance in Planning for the Future/Estate Planning
5. Respite Care

#### Substance Use Age 0-12

1. Prevention Programming
2. Training/Awareness
3. Early Identification of Children at Risk Due to Substance Abuse
4. Education for Children
5. Daycare Services/Providers

### Substance Use Age 13-17

1. Positive Activities During Non-School Times
2. Outpatient Treatment
3. Access to Opioid Overdose Reversal Medication
4. Alternative Education
5. Supportive Housing

### Substance Use Age 18-64

1. Access to Medication-Assisted Treatment for Opioid Addiction (Suboxone, Methadone, Vivitrol)
2. Access to Opioid Overdose Reversal Medication
3. Counseling and Therapy
4. Specialized Housing
5. Case Management Services/Outreach Services

### Substance Use Age 65+

1. Caregiver Support and Respite
2. Community/Home-Based Services
3. Transportation
4. Long-Term Inpatient Treatment
5. Access to Medication-Assisted Treatment for Opioid Addiction (Suboxone, Methadone, Vivitrol)

#### Mental Health/Mental Illness Age 0-12

1. Psychiatric/Psychological Services
2. Family Support
3. Family Intervention Services
4. Specialized Crisis Response
5. Therapeutic Services for Victims of Sexual Abuse

#### Mental Health/Mental Illness Age 13-17

1. Crisis and Respite Services
2. Evaluation and Treatment of Adolescent Sex Offenders with Mental Illness and/or Mental Health Problems
3. Family Support
4. Diagnostic Services
5. Initiate a Specialized After-School/Summer Programming

#### Mental Health/Mental Illness Age 18-64

1. Psychiatric Services
2. Counseling/Therapy Services
3. Crisis Services
4. Services to the Homeless with Mental Illness or Mental Health Problems
5. Rural Mental Health Services

#### Mental Health/Mental Illness Age 65+

1. Diagnostic Services for Dementia and Depression
2. Outreach, Counseling, and Case Management
3. Housing for Mentally Ill Seniors
4. Funding for Medication
5. Elder Abuse Intervention